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ABSTRACT

Noting that from babyhood through the school years, children learn by observing and interacting with their parents, this book draws on nearly 40 years of combined professional experience to offer practical advice, explain proven strategies, and identify the fundamental skills parents need to encourage positive behavior without the need for punishment. The chapters of the book are: (1) "Teaching Your Child What Is Important"; (2) "Providing Positive Feedback"; (3) "Communicating with Your Child"; (4) "Disciplining Your Child Effectively"; (5) "Building Parent Coping Skills"; (6) "Managing Your Child's Behavior Away from Home"; (7) "Getting the Most Out of Toys, Games, and Sports"; (8) "Dealing with Divorce"; (9) "Building Self-Quieting Skills"; (10) "Encouraging Independent Play Skills"; (11) "Establishing Bedtime"; (12) "Facilitating Toilet Training"; (13) "Discouraging Aggression"; and (14) "Coping with Whining and Tantrums." (HTH)

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